

Human Ecology Supply List

Human Ecology/Technology Education Fee: \$20 (please pay your school office)

The Clothing and Textiles portion of Human Ecology will commence at the beginning of the term. Students will be constructing a **DRAWSTRING GYM BAG**.

The Food and Nutrition portion will commence once sewing projects are completed.

Please help your grade 7 student put together a simple sewing kit with these necessary supplies:

Supplies for Laboratory:

- ✂ 3/4 meter of heavy fabric (ex. denim, corduroy, cotton/polyester fabric, etc.)
- ✂ 1 large spool of matching thread
- ✂ matching drawstring – 4 meters
- ✂ 1 stitch ripper
- ✂ 1 seam gauge
- ✂ 1 pair of sharp scissors
- ✂ 1 package of stick pins and pincushion
- ✂ 1 **extra large** resealable plastic bag (e.g. *Ziploc*)

Fabric stores offer a school discount. Present supply list to get discount.

Supplies for Theory:

- ✂ 1 duotang labeled **Human Ecology**
- ✂ 1 pencil

**PLEASE BRING SUPPLIES TO THE FIRST DAY OF CLASS
CLEARLY LABEL ALL SUPPLIES WITH STUDENT'S NAME**

If you have any questions or concerns, please don't hesitate to reach out to me at Mitchell Middle School. You can call 204-320-9488 or email me at lhagberg@hsd.ca.

Mrs. Lana Hagberg
Human Ecology Teacher